

Wrun Participant,

We're ready for the 2019 Wrun for Wray-Targhee Hill Climb and hope you are too. Looking forward to seeing you Saturday morning, June 22, 2019 at the Grand Targhee Resort base area. This race is the first event in the Run to the Summit Series. Hope you'll be able to attend the Snow King Hill Climb and the Rendezvous Mountain Hill Climb. The Wrun is held in memory of Wray Landon who died in an avalanche on the South Teton in 2010. All proceeds from the Wrun go to the Wray Landon Legacy Fund at the Teton Regional Land Trust to continue the types of conservation projects that Wray worked on there.

Here are some tips and info for you:

- The race starts promptly at 10:00 am just above the Grand Targhee Resort plaza.
- Your racer packet will include:
  - Wrun Tee-shirt for the first 100 entries
  - One raffle ticket
  - Racer survey. Fill out and return it to get a second raffle ticket
  - o Trex Bar compliments of Great Harvest Bakery and Café
  - o Granola bar compliments of Broulim's
  - Chapstick compliments of Cottonwood Dental
  - o Chapstick and ice pack compliments of Teton Valley Health
  - Grand Targhee sticker
  - o Discount coupon compliments Grand Teton Distillery
  - Discount coupon compliments of Sibbz
- Day-of race registration and racer packet pickup will be from 8:30 to 9:30 am.
- We will hold a brief racer meeting at 9:50 am at the race start.
- Every competitor should plan on carrying a water bottle or hydration system as the trail is 100% exposed, the weather could be warm and is entirely at altitude (8,000 10,000 ft).
- Because of the heavy snow pack this year we may have to change the race course to a trail that Targhee is able to plow. The distance will be similar to last year's race. Elevation gain will be the same as prior years.
- The course will be marked with pink florescent tape, flags, and paint.
- There will be clothes drop bags located near the Dreamcatcher lift. Be sure to leave some warm clothes there. The top is always much colder than the base area. Your clothes will be at the top when you arrive.

- There will be an aid station at about the one-mile point along the trail. The station will have water and hydration mix. Water, hydration mix, and fruit will be at the finish and at the base.
- There are restrooms (porta potties) at the finish.
- Chair lifts back to the base area are free.
- If you are unable to finish, be sure to tell the course sweepers. They will follow the last competitor up the trail.
- If you need medical attention, check in with an aid station volunteer or the course sweepers. They will have communications with Grand Targhee.
- We will be using chip timing. It is important that you follow the attachment instructions provided at packet pickup.
- We have vouchers for racer friends and family towards lift tickets for the Dreamcatcher chair lift if they would like to watch the race finish. Adults are \$5 off, children age 12 and under are free but must be accompanied by an adult. The discounts are only valid on race day, 6/22/19. Vouchers are available at the Teton Regional Land Trust (TRLT) table.
- The awards ceremony will start about 12:00. The raffle will start immediately after the awards. You must be present to win at the raffle. We have a huge raffle, thanks to our generous sponsors.
- Each racer will receive one raffle ticket in their packet. They can also get a second ticket by simply turning in a completed racer survey. Additional raffle tickets are available for \$5 each or 5 for \$20. Please watch for our raffle ticket seller or go to the TRLT table where you can also check out the great prizes.
- Included with your entry fee is free beer generously donated by Roadhouse Brewing. This will leave you with more money to buy raffle tickets.
- First male and female finisher will win a SEASON PASS to Grand Targhee Resort!

Have a great race and thank you for participating!